

## Psalm 91

<sup>1</sup>Whoever dwells in the shelter of the Most High  
will rest in the shadow of the Almighty.

<sup>2</sup>I will say of the LORD, "He is my refuge and my fortress,  
my God, in whom I trust."

<sup>3</sup>Surely he will save you  
from the fowler's snare  
and from the deadly pestilence.

<sup>4</sup>He will cover you with his feathers,  
and under his wings you will find refuge;  
his faithfulness will be your shield and rampart.

<sup>5</sup>You will not fear the terror of night,  
nor the arrow that flies by day,

<sup>6</sup>nor the pestilence that stalks in the darkness,  
nor the plague that destroys at midday.

<sup>7</sup>A thousand may fall at your side,  
ten thousand at your right hand,  
but it will not come near you.

<sup>8</sup>You will only observe with your eyes  
and see the punishment of the wicked.

<sup>9</sup>If you say, "The LORD is my refuge,"  
and you make the Most High your dwelling,

<sup>10</sup>no harm will overtake you,  
no disaster will come near your tent.

Dear Millwoods Family,

We are certainly living in very difficult times. There is so much uncertainty and fear it is hard to know what to do. We are people of extraordinary faith in Christ. We know our lives and our future is in God's hands. We know He understands what is happening now and what is happening next. All of our lives are being affected and many will be struggling financially through this.

Please take great care in the voices you listen to. Listen to God's voice through His word and by his Spirit. Listen to what our provincial medical health officer is saying. If you are engaged in using any social media think about only reposting the messages of hope and encouragement.

This Sunday we will meet to worship the Lord, to listen to His voice, to pray together and to encourage one another. Let's be smart. Let's be people who trust the Lord and who do not give in to fear and the irrational urges it prompts.

I recommend a few changes in what we will do.

1. Greetings should be non-contact.
2. Stay home if you are unwell or if you are in one of the high risk categories.
3. We will not serve any kind of food or beverages for the time being.
4. When the offering is collected we'll have the ushers hold the offering plate at the back and you can give when you exit. Or, consider using one of the online methods of giving.
5. Wash your hands before you come, before you leave, and when you get home.

As people of faith, hope, and confidence in the Lord, we have opportunities to share the love of Jesus with others in a climate of fearfulness. If someone is unwell in your neighborhood you might be able to offer prayer and even a meal on the door step. Our phones and computers can provide ways to contact and encourage others. Those who are near and dear to us may need some encouragement and prayer.

Another preacher has said we should certainly be washing our hands. So be people 'With clean hands and warm hearts'.

In Christ,  
Pastor Tom